Michelle Brown, PsyD

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EDUCATION

Doctorate of Clinical Psychology; Concentration in Neuropsychology, August 2012
Washington School of Professional Psychology at Argosy University, Seattle, WA

- Dissertation: Predicting psychotherapy dropout using PAI profiles in a graduate training clinic

Masters of Arts in Clinical Psychology, April 2009
Washington School of Professional Psychology at Argosy University, Seattle, WA

Bachelor of Arts in Psychology, June 2006
University of Washington, Seattle, WA

CREDENTIALS

Licensed Psychologist – State of Washington, License # PY60318426

PSYPACT – Authority to Practice Interjurisdictional Telepsychology, APIT #12502

Certified Psychedelic Assisted Therapy Practitioner – Integrative Psychiatry Institute

CLINICAL EXPERIENCE

Spectrum Psychological Associates of Washington (06/2012 to Present)
Partner (2026)
Individual therapy for adults and adolescents in a group practice setting
Psychological assessment services including forensic evaluations

- Specializing in evidence-based treatments including Ketamine Assisted Psychotherapy (KAP), Dialectical Behavioral Therapy (DBT), and Eye Movement Desensitization and Reprocessing (EMDR) for posttraumatic stress disorder, chronic pain or illness, and other associated conditions
- Supervision and consultation of other mental health professionals and students
- Private practice partner including a team of therapists, prescribers, administrative staff, and students

Assessment and Management of Suicide Risk Trainer (03/2014 to 03/2022)
Northwest Regional Trainer for mental health facilities, medical professionals, and corporate organizations providing suicide prevention education

- Training meets Washington State mandated suicide prevention requirements
- Incorporates innovations for changes in workplace policies in order to meet Zero Suicide based on the Suicide Prevention Resource Center guidelines

DBT Coordinator / Postdoctoral Fellowship Position (07/2012 to 07/2014)
Fremont Community Therapy Project
Supervised by Laura S. Brown, PhD, ABPP

- Extensive individual therapy training received in treating complex trauma survivors and associated emotional disorders, and EMDR
- Coordination of DBT skills training groups including waitlist management, conflict management, and leading weekly consultation team meetings
- Development of DBT skills training program for trainees including curriculum development, presenting weekly didactics, and assessment of facilitators progress
- Psychological, neuropsychological, and forensic assessment as well as parenting evaluations
- Supervision of assessments completed by predoctoral interns and practicum trainees

Predoctoral Internship Position (07/2011 to 06/2012)
Fremont Community Therapy Project
Supervised by Laura S. Brown, PhD, ABPP; Dana P. Waters, PsyD & Samantha Slaughter, PsyD

- Individual therapy focused on healing complex trauma in a feminist therapy clinic with adult outpatient clientele with continued training in DBT and EMDR
- Coordination of DBT skills training groups including waitlist management, conflict management, leading consultation team, and didactic presentations
- Psychological, neuropsychological, and forensic assessments conducted
- Rotation completed at Ryther Child Care Center with focus on treating and assessing children from diverse backgrounds who are residentially housed due to significant abuse and trauma exposure

Preinternship Position (09/2010 to 06/2011)
Fremont Community Therapy Project
Supervised by Laura S. Brown, PhD, ABPP; Samantha Slaughter, PsyD & Susan Franklin, PsyD

- Individual therapy focused on healing complex trauma in a feminist therapy clinic with adult outpatient clientele
- Extensive training received in DBT and EMDR
- Psychological, neuropsychological, and forensic assessment
- Coordination of weekly didactic trainings

Practicum Placement (09/2009 to 09/2010)
Bill Heusler, PsyD, Mental Health Counseling Private Practice
Supervised by William C. Heusler, PsyD

- Brief individual therapy utilizing a collaborative integrative approach including narrative, solution-focused, and feminist therapies
- DBT skills training groups and bipolar depression support groups
- Psychological, neuropsychological, and forensic assessment
- Adult, adolescent, and child outpatient clientele and incarcerated forensic assessment services

Practicum Placement (08/2008 to 07/2009)
Kwawachee Counseling Center, Puyallup Tribal Health Authority
Supervised by Michele M. Yoder, MFT, LMHC

- Individual therapy using culturally competent techniques with children, adolescents, and adults
- Group therapy with children and adolescents at Chief Leschi Tribal School
- Planning and coordination of outreach events
- Diverse Native American and multiethnic population

TEACHING EXPERIENCE

Dialectical Behavioral Therapy Training (07/2012 to 072014)
Fremont Community Therapy Project
Presented with Tyson D. Bailey, PsyD & Ursula Whiteside, PhD

- Quarterly two day workshop on DBT theoretical underpinnings and fundamentals
- Bimonthly follow up presentations given as didactic trainings to trainees

Dialectical Behavioral Therapy Training (09/2012 to 10/2014)
Ryther Childcare Center
Presented with Tyson D. Bailey, PsyD

- Biannual two day workshop on DBT theoretical underpinnings and fundamentals
- Follow up consultation and additional training provided

Early Career Professional Development (10/2013)
Guest Lecturer at Antioch University, Seattle for Bill Heusler, PsyD

- One day lecture on the current issues facing early career psychologists

Neuropsychological Assessment I & II Teaching Assistant (09/2010 to 05/2011)
Argosy University, Seattle; Assistant to Douglas M. Whiteside, PhD, ABPP

- In class demonstration of neuropsychological assessment administration, scoring, and interpretation

- APA style grammatical and content correction of neuropsychological reports

Interventions I Teaching Assistant (09/2007 to 12/2007)
Argosy University, Seattle Assistant to Douglas M. Kerr, PhD
- Supervision and assistance of students during clinical interview skills practice
- APA style grammatical and content correction
- In class demonstration and instruction of clinical interview skills

Animal Learning Laboratory Teaching Assistant (01/2006 to 06/2006)
University of Washington, Seattle Campus; Assistant to Renee R. Ha, PhD
- Grading papers and tutoring students
- Laboratory supervision of students with rodent subjects
- Facilitation of student research projects

RESEARCH EXPERIENCE

Learning Community Facilitator (07/2011 to 08/2011)
Transforming Difficult Moments in Therapy using DBT; Behavioral Tech Research Inc., Seattle
- Facilitation of discussion of other mental health professionals utilizing online interactive training tool for Treatment Interfering Behaviors
- Teaching fundamental concepts of DBT, coaching how to use skills with clients, in vivo practice via role plays and imaginal exercises
- Development of individualized follow up plans for post study implementation of new material

Database Team Leader (11/2008 to 06/2010)
Argosy University, Seattle Psychology Center Collaborative Database Project
Supervised by Douglas M. Whiteside, PhD, ABPP
- Creation and maintenance of archival assessment and psychotherapy database for research use
- Training new recruits; data entry; troubleshooting and management of team
- Sites include Argosy University, Seattle; Washington State University; Virginia Mason Hospital; and Western Washington Medical Group

Research Assistant (03/2010 to 06/2010)
Argosy University, Seattle; Assistant to Elana Rosencrantz, MA
- Student dissertation: Lifespan Integration Therapy for Post-traumatic Stress Disorder (PTSD) with Adults Involved in an Auto Accident
- Six individual therapy session using Lifespan Integration therapy provided per client

VOLUNTEER EXPERIENCE

Social Work Assistant (03/2001 to 01/2002)
Lytton Gardens, Palo Alto, CA; Assistant to Anne Evans, MSW

- Coordination of enrichment activities for low income geriatric adults in assisted living
- Facilitation of satisfaction surveys

ADDITIONAL TRAINING

Breathwork + Movement Therapy for Trauma Healing Certificate
The Embody Lab

- The Embody Lab, Camden , DE– 60 hour certificate course; in progress through 2025, August

Internal Family Systems Trauma Treatment Program: A 4-Month Online Intensive
Frank Anderson, MD

- PESI, INC, Eau Claire, WI – Intensive course; 2025, January

MDMA-Assisted Therapy
MAPS Public Benefit Corporation & MDMA-Assisted Therapy Education

- Integrative Psychiatry Institute, Boulder CO – 6 day / 42 hours ; Immersion course; 2023, August & September

Certificate in Psilocybin Assisted Therapy
Integrative Psychiatry Institute

- Integrative Psychiatry Institute, Eugene, OR – 4 day / 40 hours advanced practicum; 2023, October

Psychedelic Assisted Therapy Provider (PATP)
Integrative Psychiatry Institute

- Integrative Psychiatry Institute, Boulder CO – 250 hours; 2023, June

Ketamine Assisted Therapy Experiential Provider Training
Advanced Integrative Medical Science Institute

- AIMS, Seattle, WA –10 hours; 2022, May

Eye Movement Desensitization & Reprocessing: Part II
Rosalie Thomas, PhD; EMDR HAP

- Fremont Community Therapy Project, Seattle WA – 23 hours; 2010, September

Lifespan Integration: Level I
Cathy Thrope, MA
- Fremont Community Therapy Project, Seattle WA – 14 hours; 2010, August

Eye Movement Desensitization & Reprocessing: Part I
Rosalie Thomas, PhD; EMDR HAP
- Fremont Community Therapy Project, Seattle WA – 23 hours; 2010, June

Dialectical Behavioral Therapy Skills Training
Marsha Linehan, PhD, ABPP; Behavioral Tech, LLC
- Fremont Community Therapy Project, Seattle WA – 20 hours; 2010, February

PRESENTATIONS & PUBLICATIONS

Brown, M. (2025, January). *Ketamine Assisted Psychotherapy*. Presentation session at Evening Talks for Pain Science Physical Therapy, Burien, WA.

Brown, M. (2025, June). *Ketamine Assisted Psychotherapy*. Presentation session at Grand Rounds for Fairfax Behavioral Health, Kirkland, WA.

Whiteside, D.M., Galbreath, J., Brown, M., & Turnbull, J. (2012). Differential response patterns on the Personality Assessment Inventory (PAI) in compensation seeking and non-compensation seeking mild traumatic brain injury patients. *Journal of Clinical and Experimental Neuropsychology, 34, 172-182.*

Whiteside, D., Brown, M., & Galbreath, J. (2012, June). *Classification accuracy of the PAI in compensation seeking and non-compensation seeking mild TBI patients.* Poster session presented at the meeting of American Academy of Clinical Neuropsychology, Seattle, WA.

Whiteside, D., Galbreath, J., & Brown, M. (2012, June). *Patterns of responses on the PAI in compensation seeking mild TBI patients.* Poster session presented at the meeting of American Academy of Clinical Neuropsychology, Seattle, WA.

Brown, M. (2011, April). *Predicting psychotherapy attrition in a graduate training clinic based on PAI profiles.* Presentation at Washington State Psychological Association, Seattle, WA.

Brown, M., Kirkham, D., Lichtenstein, B., Rosen, D., & Rude, S. (2011, November). *Bastyr University Integrated Case Conference on Chronic Pain*. Panelist at *Bastyr University*, Kenmore, WA.

Whiteside, D., Galbreath, J., Turnbull, J., & Brown, M. (2011, February). *Scale elevations of the Personality Assessment Inventory (PAI) in mild traumatic brain injury.* Poster session presented at the meeting of International Neuropsychology Society, Boston, MA.

Brown, M., Lowry, N., Whiteside, D., & Bailey, T. (2010, October). *Immediate and delayed verbal recall in post-traumatic stress disorder clients.* Poster session presented at the meeting of Washington State Psychological Association, Seattle, WA.

Brown, M., Whiteside, D., Lowry, N., & Martel, S. (2010, October). *Relationship between posttraumatic stress disorder and attention in a mixed clinical sample.* Poster session presented at the meeting of Washington State Psychological Association, Seattle, WA.

Bailey, T., Brown, M., Whiteside, D.M., & Waters, D. (2010, October). Attention and executive functioning in post-traumatic stress disorder clients. *Archives of Clinical Neuropsychology, 25,* 494. Poster session presented at National Academy of Neuropsychology Conference, Vancouver, BC.

Brown, M., Lowry, N., Whiteside, D.M., & Bailey, T. (2010, October). Immediate and delayed verbal recall in post-traumatic stress disorder clients. *Archives of Clinical Neuropsychology, 25,* 498. Poster session presented at National Academy of Neuropsychology Conference, Vancouver, BC.

Whiteside, D., Turnbull, J., Galbreath, J., & Brown, M. (2010, August). *Personality Assessment Inventory validity, clinical, and treatment scale elevations in mild traumatic brain injured patients.* Manuscript submitted for publication.

Brown, M., Whiteside, D.M., Lowry, N., & Martel, S. (2010, June). Attention/Concentration in Post-Traumatic Stress Disorder. *The Clinical Neuropsychologist, 24,* 566-567. Poster session presented at the American Academy of Clinical Neuropsychology conference, Chicago, IL.

Brown, M. (2010, March). *Outcome measures.* Presentation at the faculty meeting of Argosy University, Seattle, WA.

Brown, M. (2010, March). *Outcome measures: Utility of the OQ-45*. Presentation at the staff meeting of Argosy University, Seattle Psychology Center, Seattle, WA.

Brown, M. (2009, June). *Substance abuse prevention in teens*. Presentation session at the meeting of Puyallup Tribal Health Authority, Tacoma, WA.

REFERENCES

Available upon request